



D.B.M.S. College of Education

(Recognised by National Council for Teacher Education)
Affiliated to Kolhan University, Chaibasa & J. A. C., Ranchi, Jharkhand
Road No. 23, Farm Area, Kadma, Jamshedpur-831005 | Phone : 2309097
E-mail : dbms.edu23@gmail.com | Website : dbmscollege.in

REPORT

TITLE OF THE PROGRAMME : POSHAN PAKHWADA
ORGANIZING CELL/COMMITTEE : NSS UNIT I
DATE : 24-04-2025
VENUE : COLLEGE PREMISES

INTRODUCTION

NSS Unit I of D.B.M.S. College of Education celebrated Poshan Pakhwada to promote nutrition awareness and healthy eating habits among students and faculty members.

OBJECTIVE

The objective was to raise awareness about the importance of nutrition and promote healthy eating habits.

PROCEDURE

- PPT presentation on nutrition and healthy eating.
- Student participation in activities and discussions.
- Inspiring speeches from the Principal and Vice Principal.

IMPACT

- Increased awareness about nutrition and healthy eating habits.
- Promotion of healthy habits among participants.
- Empowerment of students and faculty with knowledge on nutritious food options.



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CONCLUSION

The Poshan Pakhwada celebration was successful in promoting nutrition awareness and healthy eating habits. It encouraged informed food choices and empowered participants to prioritize nutrition in daily life.



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PHOTOGRAPHS OF THE EVENT



PIC 01: SPECIAL ASSEMBLY



PIC 02: RECITING POEM ON 'HEALTHY PLATE'



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PIC 03: PPT PRESENTATION ON HEALTHY FOOD

MEDIA COVERAGE



PIC 04: LOCAL NEWSPAPER
COVERAGE ON UDITVANI (25-04-2025)